

## Special Needs Planning Made Easy

Free workshop (2 CEU's)

The ABC's of Special Needs Planning Made Easy

Dates: April 15 (Chandler training office) at 6pm

And April 22 (West valley training office) at 6pm

Parents/providers need to RSVP to Alison Walker at [awalker@arioncaresolutions.com](mailto:awalker@arioncaresolutions.com). Contact Alison for more information.

Visit our website at [www.arioncaresolutions.com](http://www.arioncaresolutions.com) and click on the "Calendar" tab for the training and workshop calendar.

## Monthly Shout Out: Ryan Morem



I want to nominate Ryan Morem. He has been working with Landon for over two years and has become very much like family. My son always looks forward to when Ryan comes over and I'm pretty sure he would go home with Ryan if I let him. :-). Ryan has also taken the time to understand how to deal with meltdowns and has helped to prevent them by paying attention to triggers. Thank you Ryan for your dedication to Landon and for your outstanding work ethic!  
Krystal & Landon



Contact Sonia at [sdykhuizen@arioncaresolutions.com](mailto:sdykhuizen@arioncaresolutions.com) to nominate your favorite provider. Recipient will receive a \$50 gift card.

## Easter ideas for special children

**Easter Egg Hunt:** Hide your eggs in your own home or backyard. Consider having the eggs out in the open to make them easy to find. If you have several children in your home, select one color for each child. This ensures that everyone will get the same amount of eggs. Another fun activity is putting small glow lights in your eggs. Hide or keep out in the open either inside or outside. For children in wheelchairs, hide mini eggs and trinkets in a plastic container full of rice or Easter basket grass that is at table level. Easter themed bins are also a fun activity for kids working on sensory issues. For children with vision impairments, you can now purchase beeping or talking Easter eggs.

**Work on skills while having fun:** Older children may enjoy a treasure hunt. Write clues on how to find deeply hidden Easter eggs. This is a good exercise for children learning to follow step by step instructions or working on vocabulary skills. Children can follow a series of clues (e.g. First clue: Look under the potted plant in the kitchen) or put together a riddle format (e.g. I'm hiding behind a small appliance that makes things toasty).

**Special diets:** Children with juvenile diabetes, Celiac disease, food allergies and other dietary restrictions have a tough time on Easter with all the chocolate bunnies and eggs. Use gluten free and non-candy alternative treats.

**Meeting the Easter bunny:** Some kids, especially those in preschool, have big anxieties about meeting the Easter bunny. It's difficult for them to separate fantasy from reality. Never force your child to meet that giant furry rabbit with ears if he doesn't want to. On the opposite side are children who still believe in the Easter bunny well beyond other children their age. It is a delicate task to break the news about the Easter bunny.

Visit [www.arioncaresolutions.com](http://www.arioncaresolutions.com) or call 480 722 1300 for more information regarding Arion Care Solutions LLC