

Faces of Arion: *Ashlee Jensen*

How long have you been working for Arion?

I've been with Arion for 6.5 years. **What is your job title and what is it exactly that you do?** I am the West Valley Area Manager. I manage services for people living with developmental disabilities in the West Valley. I match qualified applicants with families in need of their services. I attend ISPs and hold other meetings and trainings. I also oversee the payroll and billing processes.

What part of your job do you enjoy the most? I love aiding families and providers in finding a good match. I also love hiring our employees and getting to know them. **Tell us a little bit about your family and what you do for fun?** My hubby and I have been married for 11 years. We have 4 kids. Max is 6, Allie is 3.5, and Jake and Brooks just turned one. We love to swim and love our movie nights. We also love to go on vacation, or we will once we are out of all these blasted car seats. My favorite time of the day is when we curl up and read books together.



Monthly Shout Out: *Cashina Rodriguez*



Contact Sonia at sdykuizen@arioncaresolutions.com to nominate your favorite provider. Recipient will receive a \$50 gift card.

Cashina Rodriguez is amazing she is always ready to help wherever she needed. She thinks of creative ways to work with Hannah on her hab goals. Last week, she had Hannah walking pushing the cart and gathering items needed to make a cake. Cashina's creativity involved allowing Hannah to mix the cake while using her stander. I had a baby this past year and Cashina helped out by staying late or coming early to help with Hannah. Cashina is loving, kind and clearly loves her job. She is never late and is great at communicating if she needs the time off. Thank you, Courtney and Hannah Burnett

Up Coming Special Events

Saturday Social Club: Looking for something to do on a Saturday? Once a month those 16 and older with a disability will get together for a day on the town! These trips include sporting events, museums, and festivals. Trip includes transportation and ticket to event. All trips meet at the Peoria Community Center, 8335 W Jefferson St., Peoria, AZ 85345.

Flashback to the Oldies #70489: Includes bowling at Let It Roll Bowling Alley in Phoenix and trip to the famous Mary Coyle Ice Cream Parlor. Saturday, June 23, noon-4:30, \$20.

Dinner and a movie #70494: Includes ticket and dinner. Movie and restaurant will be announced closer to release date. Saturday, July 14, 4:30-9:30pm, \$25.

Arizona Science Center #70492: Includes ticket to museum and transportation. Saturday, August 18, 12:30-5pm, \$20. Space is limited!

Call 623-773-7436 to register.

4th of July Recipe-Gluten/Casein Free

Want a good 4th of July dessert that everyone can enjoy. Living gluten free is a choice for some and a necessity of others. This recipe is sure to please all.

American Flag Cake

Using a gluten free cake; white or yellow cake mix, prepare a 9"x13" cake in a pan, and allow the cake to cool. Frost the cake with store brand white gluten free frosting.

Once the cake is frosted, place strawberries, raspberries and blueberries on the cake to make the shape of an American Flag.

For more great idea's, check out this Website:
<http://glutenfreeworks.com/blog/2010/07/02/celebrate-the-fourth-of-july-with-a-gluten-free-flag-cake/>

